



# **SGILIAU BEICIO** **CYCLING SKILLS**

Lleoliad: Canolfan Hamdden Y Morfa  
Location: Morfa Leisure Centre

Oedran 5 – 11: 3:30 – 4:15  
Ages 5 – 11: 3:30 – 4:15

Oedran 11+: 4:30 – 5:15  
Ages 11+: 4:30 – 5:15



- 03/11
- 10/11
- 17/11
- 24/11
- 01/12
- 08/12



**YMWUNWCH - JOIN US**

HER SGILIAU ◀

YMARFER ◀  
CYDBWYSEDD

REIDIO DDIOGEL ◀

SAFE RIDDING ◀

SKILL CHALLENGES ◀

BALANCE TRAINING ◀

**FREE**