

Conwy Family Life Webinars

ParentTalk # 3

Guest speakers: Val Owen and Maureen Japp, Y Bont



Theme

Processing the pandemic - coming to terms with what we have experienced in the last few months

This session includes:

- Using nature and the passing of the seasons to explain our reactions to grief and loss
- practical tips on supporting your children
- answering your questions

Dates:

Tuesday 22 September 2020, 8 pm (English)

Wednesday 23 September 2020, 1 pm (Cymraeg)



How to sign up:

Email familycentres@conwy.gov.uk

We will send you the Zoom link and instruction on how to join.

(Webinar is different to a video conference - other people taking part won't be able to see your face or your questions)

Can't join the live session?

No worries - the recording will be available at

www.conwy.gov.uk/familylife-webinars