Talking /eeus

Join Anna & Jess for a 5-week programme to discuss effective ways of raising teenagers, share experiences with other parents and learn new strategies and coping skills.



## Ysgol Maes Owen, Kinmel Bay Starting Tuesday 11<sup>th</sup> of November 1pm - 3pm

For more information and to book a place please call the Abergele Family Centre on 01492 577757 or email familysupport.east@conwy.gov.uk

Teuluoedd Dwyrain Conwy Conwy Families East



