



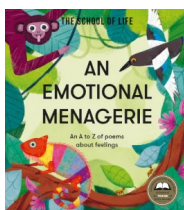
Aim to learn, learn to succeed ~ Anelu at ddysgu, dysgu i lwyddo

'Dyma Fi! This is Me!' will be our final topic of the academic year. Learners will have the opportunity to learn more about the wide range of careers and the opportunities available to them. Raising aspirations through broadening horizons in addition to addressing preconceived and stereotypical views about the world of work. Each year group will also complete RSE units of work, further detail on this can be found on the reverse of this document.

Summer 2025: Dyma Fi! This is Me!

Language, Literacy and Communication

We will continue to support children's reading using our Abacus Bug Club scheme. All classes will also take part in regular comprehension sessions and Guided Reading sessions with their class teachers. We will use our Ed Shed Spelling scheme to support learners with their phonic, spelling and SPAG work (Spelling, Punctuation and grammar). The skills shared within these sessions will equip the children with their literacy work throughout the term including; talking and writing about themselves in both English and Welsh, planning and creating a CV and reading, and writing poetry based on the book *An Emotional Menagerie*.



Mathematics & Numeracy

With the continued use of our Abacus Maths scheme, learners will apply their numeracy skills throughout our Dyma Fi! This is Me! Topic. They will have the opportunity to use these skills in authentic contexts including measuring different lengths and converting, making estimations and timing events and using data with a variety of graph work.



Health & Well-being

Linked with our topic, learners will learn about healthy living including good and bad drugs, the importance of eating a healthy diet and taking regular exercise.



Expressive Arts

Within this area of learning, children will have the opportunity to explore portrait work for their ROA (Record of Achievements).



Science & Technology

Children will explore the importance of a balanced diet and nutrition and the impact their choices have on their physical health and well-being. They will also learn about planning and prepare basic, nutritious meals.



We will focus on some of our Sports Day activities and as Wimbledon begins during the month of June, children will be learning new skills and will take part in our Maes Owen Tennis Tournament.

All classes will complete a unit of RSE (Relationships and Sexuality Education) Please read the reverse for further information.



Literacy, Numeracy & DCF skills are taught through all subject areas.



Summer 2025: Dyma Fi! This is Me!

RSE — Relationships and Sexuality Education.

RSE is a mandatory element of the Curriculum for Wales. By including it in our curriculum it we will be complying with the Welsh Government code and guidance. This can be found at curriculum-for-wales-relationships-sexuality-education-code.pdf The **R** at the start of **RSE** is deliberate. It means there is a strong focus on relationships. This is something that we value at our school. **RSE** fits into this term's whole school topic of "Dyma Fi! – This is me!".

What will my child be taught?

We will gradually build pupils knowledge and skills as they develop. We will emphasise the social and emotional aspects of relationships. We are legally required to ensure that learning is developmentally appropriate for every pupil. That means we will not expose them to learning they're not ready for. All sessions will be developmentally appropriate.

Years 3 & 4

1. Naming and labelling different parts of the body, using body mats. Discussing how parts of the body covered by pants should only be touched in special circumstances
2. Good touch and bad touch. From hugs and handshakes. How do these kinds of touches make them feel? Some touches they may not like – from a doctor or a nurse etc
3. The PANTS rule and Pantosaurus. Learning the Pantasaurus song.
4. People you can trust. We'll be reading Ruby's Worry and talking about who we would talk to if we had a worry. Who are the people in our lives who we trust?
5. Personal hygiene and self-care. Looking after ourselves.

Years 5 & 6

1. Naming and labelling different parts of the body using the correct terminology, using body mats
2. Personal hygiene – what do we do to keep clean and healthy, discussing deodorants and washing
3. Puberty – physical changes in boys and girls, emotional changes and how to deal with them.
4. The menstrual cycle. What happens and why.
5. Loving and supportive relationships. Looking at the qualities of being in a loving and stable relationship. Looking at different family structures.
6. Reproductive organs and conception. Looking at the functions of male and female sexual organs in relation to conception. What happens during conception.

