

# Dr Beic/Dr Bike

Cymorth 1af i feiciau a sgwteri  
First aid for bikes and scooters



Date/Dyddiad: 19/03/2026

Time/Amser: **Bring your bike or scooter with you to school in the morning**  
**Tyrd a dy feic neu sgwter i'r ysgol yn y bora**

Remember to wear a helmet if you're going to ride  
Cofiwch wisgo helmed os yn reidio



 **Walk Wheel  
Cycle Trust**